

Suicide Prevention Training

Learn the
warning signs
of suicide

Question
Persuade
Refer

Three steps anyone can learn to help prevent suicide

QPR TRAINING DATES

Tuesday, January 19
6:00pm -7:30pm

Wednesday, February 10
1:30-3:00pm

Tuesday, March 2
10:00-11:30am

Ask a Question, Save a Life

QPR Suicide Prevention Training provides individuals with the skills to identify the warning signs, learn how to interrupt the crisis, and know how to direct that person to proper care. This 2 hour training is offered free to anyone to help our community recognize the warning signs of suicide and assist others in need.

As a QPR Gatekeeper, you will:

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life

To register for a FREE QPR training session, click the link below
<https://fs27.formsite.com/crhn/pporrbmiel/index.html>

