



Family Education
& Support Services

**GUIDING GOOD CHOICES
PARENTING SERIES
MASON COUNTY**

Beginning October 13, 2021

WEDNESDAYS 5:30 - 7:30 PM

To Register: Call (360)754-7629 or online at Familyess.org

LIVE via ZOOM webinars

Questions? (360)754-7629

SERIES DESCRIPTION

This **6-week** evidence-based training series for parents and caregivers is designed to help families guide children through success at home, school and in life. By assisting families to strengthen and clarify expectations for behavior, enhance the conditions that promote bonding within the family, and teach skills that allow children to resist drug use successfully. The series combines discussion, lectures, group activities and the positive social support of peers to address common parenting concerns. Upon completion of this series you will receive a certificate of completion.

COST IS FREE - PREREGISTRATION IS REQUIRED DUE TO LIMITED SPACE.

DOOR PRIZES AWARDED EACH WEEK!



Washington State
Health Care Authority



6-WEEK SERIES:

- Oct. 13 (Wk 1) - Orientation/ Preventing Substance Abuse in the Family
- Oct. 20 (Wk 2) - Setting Clear Family Expectations Regarding Drugs and Alcohol
- Oct 27 (Wk 3) - Avoiding Trouble
- Nov. 03 (Wk 4) - Managing Family Conflicts
- Nov. 10 (Wk 5) - Strengthening Family Bonds
- Nov. 17 (Wk6) - Review